## Motivation for Foster Care

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## Overview

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# 1. Background

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#### - Problem:

- Foster placements increases
- Foster Parents (FP) increases not same rate
- -57% of FP quit within 5 years

#### -Goal:

- -Information about motivation
- -Careful selection of FP
- -High potential

## 2. Foster care in Flanders

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- Problematic educational situation
- Services Youth welfare agency
  - Foster care first choice
- 17 foster care agencies
  - Soon each province, 1 agency
  - Selection, training, support, monitor
- Criteria: >18 year, health, police clearance certificate
- Competencies:
  - Communicate openly and clearly
  - Collaborate in a team and share parenthood
  - Helping children in changing their behaviors and in developing a positive self-image
  - Aware of the impact on own family

## 3. Motivation for foster care

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- Kinship ≠non-kinship
  - Particular child, kinship network
- Important: decision-making process to start foster
  - Resource theory (Cox, Orme & Rhodes, 2003)
  - Resource: education, income, married, time, parenting experience, social support, helping profession
  - More resources more likely start to foster
  - Barriers! Tyebjee (2003)
    - Lack of resources
    - Life cycle, age, family size, finances, time, space,

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#### Literature

- 6.6 reasons (Rhodes, et al, 2006)
- Clustering
  - Intrinsic vs extrinsic
  - Child-centered vs self-oriented
  - Child-centered vs affect individual vs environmental
    - » Society-oriented reasons
- Child-centered: help a child, provide a child with love and a good home, etcetera

#### Knowing motivation

- Predict success,
- Relate to foster home utilization (# children, # as foster parents)
- Associate with secure attachment

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- Intrinsic (loving parent, saving from harm) → continue fostering (Rodger, et al., 2006)
- Child-centered (give love) → placement duration, predicts satisfaction, continue (Kraus, 1971, in Rhodes, et al., 2006; Denby, Rindfleisch & Bean, 1999)
- Self-oriented (inability, own experience) → positive outcome children (Dando & Minty, 1987, in Cole, 2005)
- Increase family size → secure attachment (Cole, 2005)
- Self-oriented (companion, te be loved, needs)→ less placements, more disruption, fewer children (Rhodes, et al, 2006; Miller, 1993, in Cole, 2005; Rhodes, et al., 2006)

Conflicting, scarce, inconclusive In Flanders: unknown

#### 4. Research

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Inconclusive, unknown

#### Research questions:

- Reasons to become foster parent in Flanders?
- What reasons are associated with retention?
- What family characteristics are associated with motivations?

#### Research method:

- Foster parents reasons for fostering
  - Dutch, 24 items, 4- pointscale, 3 subscales (child-centered, selforiented, society-oriented) and 12 1-items scales
- Charateristics
  - Foster parents age, educational level, employment status/available time, marital status, biological children, foster children, total years as foster parents

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- Research Population
  - Part of larger study
  - Active non-kinship
  - Three month period
  - 200
  - 77.5% foster mothers
  - Mean age: 47.98 years (sd=8.62)
  - 25-69 years
  - 78.5% living together
  - 81.5% at least high school
  - 66.5% of partners at least high school
  - 59.5% part time/not working
  - 52.5 % of partners full time
  - 79.5% at least 1 birth child
- Similar to representative non-kinship foster group

#### 5. Results

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- Family characteristics
  - 52% at least 1 foster child
  - Average: 7.5 years experience (sd=6.24)
- Reasons for fostering
  - 8.95 reasons for fostering (t=12.933, p<.001)</li>
  - Main reasons: child-centered
    - I want to provide a good home for a child: 99%
    - I want to provide a child with love: 98%
  - Society-reasons
    - I want to fulfill my (religious) beliefs by caring for a child: 72.5%
    - I want to do something for the community 71.5%
  - Self-oriented
    - From 6 to 25%
  - More child-centered ( $\mu$ = 10.88, sd= 1.22) than self-oriented ( $\mu$ = 9,66, sd= 2.86) and society-oriented reasons ( $\mu$ = 5.69, sd=1.54) (F(2)=412.73, p<0.005).
  - Best description: child-centered reasons
    - " I want to provide a good home for a child"
    - Never self-oriented reasons

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#### Other items

- 'I want to provide a home so a child won't have to be put in an institution': 95%
- 'I know a foster child and want to help': 85.5%
- 'I know foster parents and I think its suits us too' 73%
- Reasons associated total years
  - Logistic regression
    - lineair regression not possible, residuals were not random, normally distributed KS(166)=0.079, p<0.001
    - Total years dichotomized, cut-off 75%, 10 years
    - Block-wise
    - First block: age, gender, available time, edcuational, biological children
    - Second block: reasons for fostering
- Family characteristics associated foster reasons
  - Spearman correlation
    - Linear regression not possible, residuals were not random, normally distributed, KS (self-oriented)(192)=0.127, p<0.001; KS (child-centered)(192)=0.101, p<0.001; KS (society-oriented) (192)=0.062, p<0.05)

Table: logistic regression analysis for total years as foster parent

	В	S.E.	Exp (B)	Wald	р
Step1 <sup>a</sup>					
Age	0.139	0.039	1.149	12.391	<0.001
Gender	0.470	0.518	1.599	0.822	0.365
Children	0.072	0.150	1.075	0.231	0.631
Time	-0.001	0.007	0.999	0.030	0.863
Education	-0.106	0.221	0.970	0.229	0.632
Step2 <sup>b</sup>					
Self-oriented reasons	-0.03	0.075	0.997	0.002	0.969
Child-centered	0.098	0.168	1.103	0.340	0.560
reasons					
Society-oriented	0.021	0.139	1.022	0.024	0.878
reasons					

#### Table: spearman correlation family characteristics and reasons for fostering

	Self oriented		Child		Society	
			centered		oriented	
	R	р	R	р	R	р
Age	.030	0.675	-0.017	0.811	0.112	0.117
Children	155	0.030	-0.001	0.989	0.236	0.001
Time	.194	0.006	0.073	0.308	0.117	0.104
Education	134	0.061	-0.139	0.052	-0.085	0.233

<sup>&</sup>lt;sup>a</sup> Overall model *Chi-square* (df=5)=31.219, p<0.001, *Nagelkerke*  $R^2$ =0.256 <sup>b</sup> Overall model *Chi-square* (df=8)=31.708; p<0.001, *Nagelkerke*  $R^2$ =0.260

## 6. Conclusions

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- Child-centered reasons
- More average (4-pointscale)
- Retention not explained by reasons, only age
  - Definition of retention
  - Foster care organisation
  - Selection process of foster care agencies
  - Decision process of foster care agencies
  - Further research: considering breakdown, succes, placement movement
- Few family characteristics
  - Resources no indication
  - More children: less self-oriented reasons
    - No children
    - To much children
  - More children: more society reasons
    - · Taking care of child already fulfilled
  - More time: more self-oriented
    - Resource theory

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- 66% to receive love
- 44% want to enlarge family
  - In contrast with screening and selection criteria
  - Incompatible reasons together with compatible
- Knowing a foster family helps recruiting

# 6. Strengths/Limitations

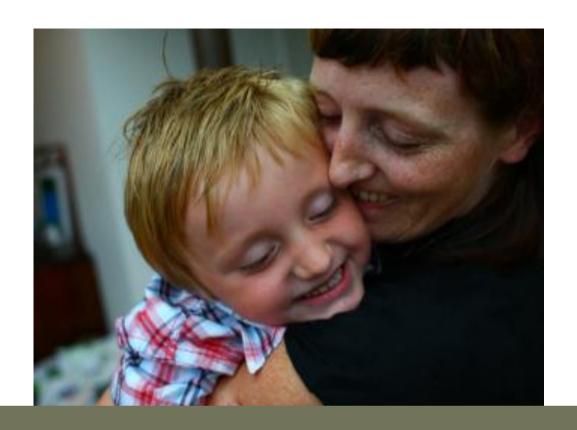
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- First Flemish study
- Big participation foster care agencies
- Ordinal scale in measurement
- Lack of information respons/non-respons
- non-active foster parents?
- Foster fathers?
- Follow-up: motivations and succes
- Assessment of motivations is needed:
  - Goals of agencies
  - Predict succes

## 7. References

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# THANK YOU FOR YOUR ATTENTION!

**QUESTIONS?**