Foster care as outcome strategy of deinstitutionalization in Croatia

Antonija Zizak, Ivana Jedud Boric, and Ivana Maurovic

7th International Foster Care Research Network Meeting
Foster care in Europe:
What do we know about outcomes and evidence?
Padova, 9-11 September 2013.

Aim and Content:

Aim of this presentation is:

•to present preliminary results on foster care youngest children specificities from foster parents' perspective

Content of the presentation:

- 1. Some general information on foster care in Croatia
- 2. Some general information regarding research on foster care of youngest children
- 3. Preliminary results on foster care of youngest children from foster parents' perspective
- 4. What have we learned so far about foster care of youngest children

1. Foster care in Croatia

Framework:

- •Foster care Act 2007/ 2011/ 2012.
- Social Welfare Act, Family Law Act
- •Plan of deinstitutionalization and transformation of social welfare institutions
- Guidelines for the Alternative Care of Children

The purpose:

placement and care for the child out of his/hers birth family

Types of foster care:

- traditional, specialized, emergency and occasional
- kinship and non-kinship

1. Foster care in Croatia

Statistics:

- •Number of children in foster care was decreasing between 2005. and 2009.
- •Number of children in foster care is increasing since 2010.
- •Number of children in specialized foster care is decreasing; and number of youngest children in foster care is increasing

Main characteristics (before 2010.):

- •Reasons for placement: neglect/abuse by parents, disturbed family relationships, poverty
- •The average age of child during placement was 7,4 years
- •The average duration of children's placement was 10,5 years
- •Foster parents are mainly women (92%), average age 52, foster care license obtained at age 42
- •In most cases (54%) placements were urgent
- •Main child problems were connected to poor relations with birth parents, schooling and lack of skills for future independent living
- •Foster carers problems were connected to the financial problems and leak of formal support

2. Research on foster care of youngest children

Rationale for research is based on:

- Data on child needs and wellbeing
- Characteristics of decision-making process
- Characteristics of placement procedures
- Child characteristics and family background
- Legal issues plan of deinstitutionalization

Research goals and presentation aim

Research goals are connected to finding out and analyzing data on:

- placements of children under age of 7 in institutions and in foster care
- assessments of foster care quality, based on Croatian standards for quality of social services and European standards of care for children in out-of-home care
- foster parents perspective of specificities and quality of care for youngest children

Method

Data resources:

- Official reports on child placements and quality of care
- Semi structured interviews with foster carers who care for:
 - a) children placed to foster family after being in institution for children
 - b) children placed from their birth families or maternity wards (hospitals)
 - c) young pregnant mothers and their children after giving birth
- Semi structured observation protocol for interviewers

3. Preliminary results

- Data gathered through interviews:
 - -With 15 foster parents (caring for 31 child under age of 7)
 - -From 6 different cities
- Data gathered through observation (family atmosphere, communication, child appearance, space arrangement)
- Thematic analyses

The process of research framework building

Theoretical frame

- 1. Foster carers characteristics
- 2.Specific experiences of foster carers of youngest children
- 3. Quality of foster care as estimated by foster carers

Emerging themes:

- 1.preparation for foster care
- 2.foster care process
- 3.characteristics of child life in foster family
- 4.support to foster parents
- 5.specific features of foster care of youngest children

6.child characteristics

Research questions (redefined)

- 1.What are specificities of foster care process for young children?
- 2. What are specific characteristics of infants from foster parents perspective?
- 3. What are specific characteristics of foster care for young mothers with toddlers?

Specificities of foster care process

NEGATIVE

- -Urgent placement without adequate preparation
- -Plans for child's future (placement) often unknown to foster parents
- -Education for foster parents non focused
- -Unclear foster parents status
- -Lack of formal support

PROMISSING

- -Placement from maternity ward
- -"The whole family approach"
- -Informal support to foster parents
- -Ways of documenting child's life and development

POSITIVE

- -Foster parents age
- -Foster parents motivation
- Quality of upbringing:
 ways of careing,
 devotion of foster
 parents to foster child
- -Good living conditions

CONTINUUM OF CARE QUALITY

Specificities of foster care process

NEGATIVE

"The whole procedure lasted 10 minutes, they were in a hurry,...and left me with a child"

"In this education, that was general, they didn't prepare us for upbringing small babies, and I think they should..."

"It is terrible that I, as a foster parent do not have possibility to take seek leave"

PROMISSING

"Through Facebook in few hours we have collected a lot of needed equipment for the child"

"We make a lot of E. pictures, we collect tings that E. makes in kindergarten..."

POZITIVE

"I was babysitting children during my schooling, and my mother was babysitting, so I had experience with small children"

"The adaptation process was long-lasting, and I spent a lot of time with her, I was maximally devoted to her, and the whole my family helped"

CONTINUUM OF CARE QUALITY

Characteristics of foster children

- Fast health recovery after placement
- "She was hospitalized seventeen times in one year, before she was placed here, and during the four years that she has been living with us, she hasn't needed a hospital visit."
- Normalization of developmental processes
- "Now she is sensible, vivid, healthy child. When I comaper her with my children there is no any developmental differences".
- Importance of child background for contact with biological parents
- "Parents live in Roma settlement (geto) without water, electricity, toilette.. they all live in one room..."

What have we learned about foster care of youngest children so far:

- •Process of placing children 0 to 7 in foster care follows similar patterns in different communities
- Continuum of quality of child care
- Child health and development status as main criterion for placement
- Informal support to foster parents predominates
- •There is a need to rethink relationship between adoption and foster care of young children
- Some elements of deinstitutionalization follow reverse direction

Placing and Planning - Reverse processes

UNKNOWN PLANS FOR FUTURE

ADOPTION

BACK TO BIOLOGICAL FAMILY

RESIDENTIAL INSTITUTION

BIOLOGICAL FAMILY

HOSPITAL / MATERNITY WARD

Recommended research themes:

- Formal and informal support to foster families
- Care rituals and routines in foster care
- Ethnical perspective of foster care (Roma minority group)
- Specialized foster care for youngest children with health/development difficulties