

Publikationsverzeichnis

Peer-reviewed articles:

2026

17.) **Neubert, M.**, Sünkel, E., Planert, J., Hildebrand, A., & Klucken, T. (2026). Real-world data on uptake and use of digital mental health interventions among waitlisted patients with various mental disorders. *Internet Interventions*, 100915.

2025

16.) Sünkel, E., Machulska, A., **Neubert, M.**, Stalder, T., & Klucken, T. (2025). Assessment of alcohol and tobacco use in psychotherapy: validation of the german self-report ASSIST alcohol and tobacco subscales in an outpatient setting. *Addictive Behaviors Reports*, 22, 100634.

15.) Planert, J., Hildebrand, A. S., Machulska, A., Roesmann, K., **Neubert, M.**, & Klucken, T. (2025). Efficacy of a blended, mobile-based intervention with integrated virtual reality exposure therapy for panic disorder and agoraphobia: a pilot randomized controlled trial. *Cognitive Behaviour Therapy*, 1-14.

14.) Sünkel, E. T., **Neubert, M.**, Machulska, A., & Klucken, T. (2025). Smoking cessation treatment prior to psychotherapy for patients with diagnosed mental disorders: study protocol for a randomized controlled trial. *Trials*, 26(1), 231.

13.) Sünkel, E. T., Machulska, A., **Neubert, M.**, & Klucken, T. (2025). Intensive smoking cessation treatment as an adjunct to concurrent psychotherapy: study protocol for a randomized controlled trial. *Trials*, 26(1), 76.

12.) Planert, J., Hildebrand A. S., Machulska, A., Roesmann, K., **Neubert, M.**, Pilgramm, S., ... & Klucken, T. (2025). Blended Mobile-Based Interventions With Integrated Virtual Reality Exposure Therapy for Anxiety Disorders: Thematic Analysis of Patient Perspectives. *JMIR Human Factors*, 12, e60957.

11.) Hildebrand A. S., Planert, J., Roesmann, K., Machulska, A., **Neubert, M.**, & Klucken, T. (2025). Fear not: Combining digital and virtual reality interventions for the treatment of social anxiety disorder – a randomized controlled trial. *Behaviour Research and Therapy*, 188, 104731.

2024

10.) Euteneuer, F., **Neubert, M.**, Salzmann, S., Fischer, S., Ehlert, U., & Rief, W. (2024) Biomarkers as predictors of CBT responsiveness in major depressive disorder: The role of heart rate variability and inflammation: *Journal of Psychosomatic Research*, 186, 111885.

2023

9.) **Neubert, M.**, Süssenbach, P., Rief, W., & Euteneuer, F. (2023). Does subjective social status affect pain thresholds? – An experimental examination. *Psychology, Health & Medicine*, 1-11.

8.) Euteneuer, F., **Neubert, M.**, Salzmann, S., Wilhelm, M., Fischer, S., Ehlert, U., & Rief, W. (2023). Associations between indices of 24-hour heart rate variability and inflammation in individuals with major depressive disorder. *International Journal of Psychophysiology*, 188, 72-78.

2022

7.) **Neubert, M.**, Süssenbach, P., & Euteneuer, F. (2022). Subjective Social Status and Nocturnal Blood Pressure Dipping. *Journal of Psychosomatic Research*, 163, 111065.

6.) Unruh, I., **Neubert, M.**, Wilhelm, M., Euteneuer, F. (2022). ACT in the workplace: A meta-analytic examination of randomized controlled trials. *Journal of Contextual Behavioral Science*.

5.) Euteneuer, F., **Neubert, M.**, Salzmann, S., Fischer, S., Ehlert, U., & Rief, W. (2022). Does psychological treatment of major depression reduce cardiac risk biomarkers? An exploratory randomized controlled trial. *Psychological Medicine*, 1-15.

2021

4.) Euteneuer, F., Schäfer, S. J., **Neubert, M.**, Rief, W., & Süssenbach, P. (2021). Subjective social status and health-related quality of life - A cross-lagged panel analysis. *Health Psychology*, 40(1), 71–76.

2020

3.) Euteneuer, F., **Neubert, M.**, Salzmann, S., Unruh, I., von Eitzen, L., Wilhelm, M. (2020). Der Einfluss von kognitiver Verhaltenstherapie auf biologische Risikofaktoren kardiovaskulärer Erkrankungen bei der Major Depression: Eine systematische Übersichtsarbeit. *Verhaltenstherapie*, 1-13.

2019

2.) **Neubert, M.**, Süssenbach, P., Rief, W., & Euteneuer, F. (2019). Unemployment and mental health in the German population: the role of subjective social status. *Psychology research and behavior management*, 12, 557-564.

1.) Euteneuer, F., Schaefer, S. J., **Neubert, M.**, Rief, W., & Süssenbach, P. (2019). What if I had not fallen from grace? Psychological distress and the gap between factual and counterfactual subjective social status. *Stress and Health*, 35(5), 675-680.