

# Head, Heart, Hands: introducing social pedagogy into UK foster care

Lisa Holmes, Assistant Director, Centre for Child and Family Research,  
Loughborough University

Raina Sheridan, Deputy Chief Executive, The Fostering Network



## Head, Heart, Hands programme

- First major consideration of the impact of social pedagogy within foster care in the UK
- Programme being led by the Fostering Network
- Four years (2012-2016)
- Six demonstration sites across England and Scotland
- Delivered with a range of partners with unique expertise in social pedagogy
- Programme long term aim: to successfully introduce a social pedagogic approach and the impact this has on placement, stability, improvement of educational outcomes and life chances

# The Evaluation Team

- **Centre for Child and Family Research**  
*Evaluation Lead*
- **The Colebrooke Centre for Evidence and Implementation**  
*Implementation and Knowledge Transfer lead*
- **National Care Advisory Service**  
*Oversight of peer researchers*

## The overall evaluation approach

- **Action-oriented, co-production** approach focused on generation of findings and continuous feedback to stakeholders to improve & shape planning and practice
- **Flexible** 'modular' design created to adapt to demonstration sites' needs
- **Participatory** research methods designed to engage and include young people's perspectives
- **Innovative** and rigorous approach to the process of implementation
- **Independent perspective** not involved in developing or promoting social pedagogy

## Evaluation questions

- Evaluation designed to explore whether the programme meets the aims
  - What changes does HHH offer children and young people in foster care?
  - What changes does HHH offer foster carers' and their practice?
  - What changes does HHH offer the system of supporting children and young people in foster care and their carers?

# A brief overview of the evaluation design

- Four complimentary and overlapping modules
- Baseline and two follow up data collection points
  - **Module 1: Impact on children and young people**
    - » Face to face interviews with two cohorts of children and young people (n=60 and n=30)
      - Peer researcher methodology
    - » Analysis of management information systems data and additional case file information for children placed with HHH foster carers
    - » Use of the Cost Calculator for Children's Services for analysis
  - **Module 2: Impact on foster carers and on practice**
    - » On-line survey and telephone interviews with foster carers
    - » Chaired group discussions with practitioners
    - » Face-to-face interviews with social pedagogues
  - **Module 3: Implementation process, outcomes and changes in the system**
    - » Interviews with programme managers
    - » On-line survey with practitioners
    - » Case studies (includes face-to-face and telephone interviews)
  - **Module 4: Knowledge transfer – making the research useful**

## Defining outcomes

So we are looking for:

- **Changes that can reasonably be attributed to the existence or activities of the HHH programme in each site**
- **Changes that we can expect to measure within the timeframe of the evaluation**

# Development of an outcomes framework

- Logic model approach
  - Inputs
  - Outputs
  - Outcomes



# Development of an outcomes framework

- Focus on outcomes for children and young people

*NB. the following are preliminary and provide examples of the inputs, outputs and outcomes*

- Inputs
  - HHH learning and development courses for foster carers
  - HHH social pedagogues
  - Social pedagogy consortium
- Outputs
  - Foster carers and social workers develop an understanding of social pedagogic principles and how they might be applied in practice
  - Foster carers are supported to apply the principles
- Outcomes
  - The Child or young person feels part of the foster family
  - The child feels able to contribute to decisions about their care
  - The child feels warmth and affection from the foster carers
  - The child's strengths are emphasised over their weaknesses

## Development of an outcomes framework

- Inclusion of outcomes indicators that are measurable and collectable
- Comparison of HHH with foster care as usual
- Systemic and cultural change (use of Implementation Science approach)
- Logic model approach to link inputs with outputs and outcomes
- Ensure the data collection methods provide the evidence to address the evaluation questions

## Contact details and further information

**For further information about the HHH programme:**

<https://www.fostering.net/head-heart-hands>

**For further information about the HHH evaluation contact:**

Lisa Holmes, Assistant Director, Centre for Child and Family Research

[L.J.Holmes@lboro.ac.uk](mailto:L.J.Holmes@lboro.ac.uk)

+44 (0)1509 228 878